

# ATHS Athletics

2014-2015

Fall

Winter

Spring



# Fall Sports

## Cross Country (Boys and Girls)



### Time Commitment

Practice every day after school; meets are usually once per week

### IHSA Start Date

August 13, 2014

### Procedure for Joining

Anyone can join cross country - this is a no cut sport; talk to the coaches to sign up and/or come to the first informational meeting (listen for announcements).

### Activity Time Period

August - October

### Levels

varsity/JV

### Coaches

Mr. Donaldson (boys' coach).....Social Studies  
Ms. Olson (girls' coach).....Math

## Football



### Time Commitment

Practice every day after school 3:30 - 5:30; games once per week

### IHSA Start Date

August 11, 2014

### Procedure for Joining

Attend the first practice and informational meeting

### Activity Time Period

August - October

### Levels

varsity, JV, Sophomore, Freshman A and B

### Coaches

Mr. Parpet Jr. (head coach).....Special Ed  
Mr. Curtis Tate (assistant).....Dean's Office  
Mr. Jones (assistant).....ACHIEVE  
Mr. Bazant (assistant).....Social Studies  
Mr. Ziebka (sophomores).....Reading  
Mr. Thomas (assistant).....SPED  
Mr. Kennedy/Tom Dodd.....SPED  
Mr. Marston (freshmen).....Deans Office  
Mr. Laschinski (assistant freshman).....Business  
Mr. Mahoney (assistant freshman).....Business  
Mr. Fernandez (assist. freshman)... Social Studies

## Boys' Golf



### Time Commitment

Practice or meets Monday through Saturday; most matches are Monday through Friday, with tournaments held on Saturday

### IHSA Start Date

August 13, 2014

### Procedure for Joining

Try-outs will begin Wednesday, August 13; three days of cuts; will keep 8 varsity and 10-12 Freshmen and Sophomores combined

### Activity Time Period

August - October

### Levels

Varsity, Fresh/Soph

### Coaches

Mr. Norberg (head coach).....Math  
Mr. Gilliam (assistant).....PE

## Girls' Golf



### Time Commitment

Practice from 3:30 until sunset or sooner. Meets two - three times per week. Some short early Saturday practices

### IHSA Start Date

August 13, 2014

### Procedure for Joining

As of now, all girls who want to golf will be on the team; as numbers grow, cuts will be made

### Activity Time Period

August - middle of October

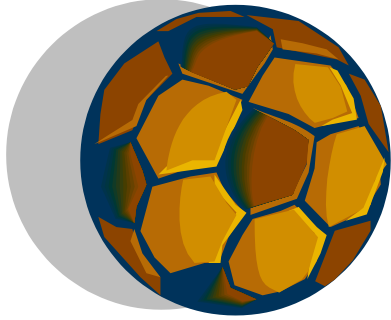
### Levels

varsity

### Coach

Mr. Stewart.....Math  
Ms. Puccini.....SPED

## Boys' Soccer



### Time Commitment

Practice every day after school; games two - three times per week

### IHSA Start Date

August 13, 2014

### Procedure for Joining

Attend first informational meeting; talk to coach; no cuts in this sport

### Activity Time Period

August - October

### Levels

Varsity, Sophomore, Freshmen

### Coaches

Mr. Diní (Head Coach).....P.E.  
Mr. Llorens (assistant).....Out of Building  
Mr. Nunez (sophomores)...World Language/ESL  
Ms. Becerra/Mr. Oliva (Freshmen Coach).....P.E.

## Girls' Tennis



### Time Commitment

Practice every day after school 3:30 - 5:30; matches approx. twice per week

### IHSA Start Date

August 13, 2014

### Procedure for Joining

Attend informational meeting; anyone who wants to play can join the tennis team - no cuts in this sport

### Activity Time Period

August - October

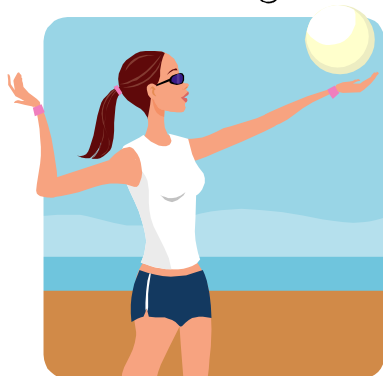
### Levels

Varsity/JV

### Coaches

Mr. Hegner (Head Coach).....Math  
Mr. Grice (Fresh/Soph).....Special Ed

## Girls' Volleyball



### Time Commitment

Practice every day from mid-August - October

### IHSA Start Date

August 13, 2014

### Procedure for Joining

Tryouts to determine level of play, cut only if there are too many people

### Activity Time Period

August - October

### Levels

Freshmen A and B, Sophomore, JV, and Varsity

### Coaches

Mr. Styler (head varsity).....Social Studies  
Ms. Prast (assistant).....English  
Ms. Clark (Sophomore).....English  
Mr. Bugajasky (Freshmen).....Math

## Girls' Swimming



### Time Commitment

Practices held from 4-6PM, Monday - Friday at Centennial Pool in Addison

### IHSA Start Date

August 13, 2014

### Procedure for Joining

Go to the Athletic Office to sign up (no try-outs)

### Activity Time Period

August - November

### Levels

JV and Varsity

### Coaches

Mr. Anderson.....English  
Ms. Murphy.....Willowbrook

# Winter Sports

## Girls' Bowling



### Time Commitment

Practice Monday - Thursday 3:30 - 5:15 at Wood Dale Bowl; transportation provided by school bus; 19 matches during the season

### IHSA Start Date

November 17, 2014

### Procedure for Joining

All girls are welcome to try out. We have not had to cut any girls.

### Activity Time Period

November - early February

### Levels

Varsity, JV; On match days, all girls will participate; if they do not make the top 12 positions, they will play an exhibition match.

### Coach

Mr. Parpet.....Out of Building

## Boys' Basketball



### Time Commitment

Varsity - Mon-Fri 5:15 - 8 pm  
Lower Levels - Mon-Fri 3:30-5:30

### IHSA Start Date

November 10, 2014

### Procedure for Joining

All students must try out - cuts will be made after 3 days

### Activity Time Period

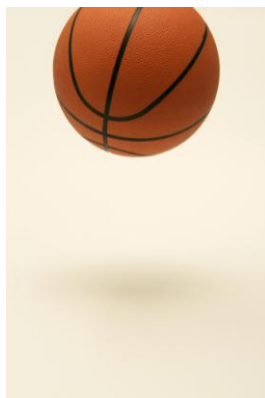
November - March

### Levels

Varsity, JV, Sophomore, Freshmen

### Coaches

Mr. Lyons, Varsity.....Social Studies  
Mr. Howard (assistant).....Out of Building  
TBE, (Sophomore).....TBA  
Mr. Baxa (Freshmen).....Achieve  
Mr. Kennedy, ( Freshmen).....Sped



## Girls' Basketball

### Time Commitment

Practice every day after school; games twice per week

### IHSA Start Date

November 3, 2014

### Procedure for Joining

Attend informational meeting and try outs - cuts will be made after try outs.

### Activity Time Period

November - March

### Levels

Varsity, JV, Sophomore, Freshmen

### Coaches

Mr. Schader, Head Coach.....P.E.  
Mr. Little (assistant).....Aide  
Mr. Cole (assistant).....Guidance  
Mr. Thomas (assistant).....SPED  
Mr. Diní (assistant).....P.E.

## Girls' Gymnastics



### Time Commitment

Practice every day after school 3:30 - 5:30; meets once - two times per week

### IHSA Start Date

November 10, 2014

### Procedure for Joining

Attend informational meeting; talk to the coach; no cuts made.

### Activity Time Period

November - February

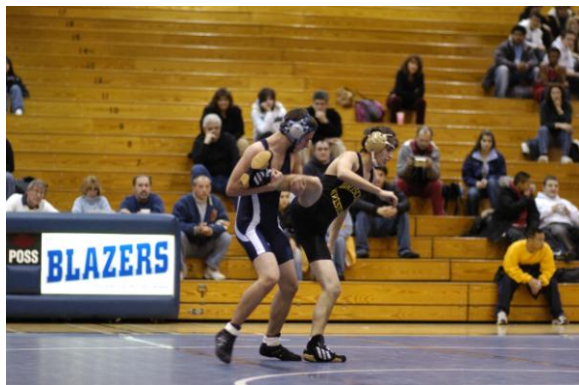
### Levels

Varsity, JV, Freshmen

### Coaches

Ms.. Kisse (Head coach).....PE  
Ms. Babich (assistant).....Math  
Mr. Norberg (assistant).....Math

## Wrestling



### Time Commitment

Practice or meets Monday through Saturday; most meets are Thursday, Friday and Saturday

### IHSA Start Date

November 10, 2014

### Procedure for Joining

All athletes that go out for wrestling make the team; Starting line-ups will be made up according to wrestle-offs

### Activity Time Period

November - February

### Levels

Varsity, JV1, JV2, Freshmen

### Coaches

Mr. Serio (varsity).....P.E.  
Mr. Geraci (assistant).....Out of Building  
Mr. Pingel.....Science  
Mr. Kelly.....ISI



## Boys' Swimming

### Time Commitment

Practice daily from 4-6PM, Monday - Friday at Centennial Pool in Addison

### IHSA Start Date

November 24, 2014

### Procedure for Joining

Come to the first practice

### Activity Time Period

November - March

### Levels

Varsity, JV

### Coach

TBA.....TBA  
Mr. Anderson.....English



# Spring Sports

## Girls' Track



### Time Commitment

Practice daily for 2 hours; 1-2 meets a week

### IHSA Start Date

January 19, 2015

### Procedure for Joining

No tryouts - just attend the first meeting - no cuts made.

### Activity Time Period

End of January - middle of May (includes indoor and outdoor)

### Levels

Varsity, Sophomore, and Freshmen (sometimes just one level competes at a meet)

### Coaches

Mr. Pytko.....Out of Building  
Ms. Sullivan.....Math

## Boys' Track



### Time Commitment

Practice held during the week after school; meets scheduled during the week or weekends (rare)

### IHSA Start Date

January 19, 2015

### Procedure for Joining

There are no cuts; Athletes can participate in 15 events, so anyone can find an event in which to participate

### Activity Time Period

Indoor season - January - March  
Outdoor season - March - May

### Levels

Varsity, Fresh/Soph

### Coaches

Mr. Kelsay (head coach).....School Psychologist  
Mr. Parpet, Jr (assistant)..... Special Education  
Mr. Fernandez (assistant).....Social Studies

## Baseball



### Time Commitment

Practice every day after school; games 3 - 4 times per week

### IHSA Start Date

March 2, 2015

### Procedure for Joining

Attend informational meeting; talk to the coach

### Activity Time Period

March - June

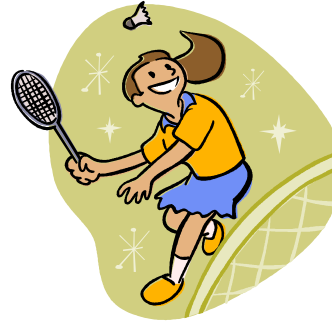
### Levels

Varsity, JV, Sophomore, Freshmen

### Coaches

Mr. Kennedy (head varsity).....SPED  
Mr. Nall (assistant).....LSC  
Mr. Pingel (Sophomores).....Science  
Mr. Bazant (freshmen).....Social Studies

## Girls' Badminton



### Time Commitment

Practice Monday - Friday, 3:15 - 5:15. Note: at the beginning of the season practice times will change because of facility usage. Fifteen matches are held during the season.

### IHSA Start Date

March 2, 2015

### Procedure for Joining

Anyone can try out for the team and in most cases, we do not have to cut individuals.

### Activity Time Period

March - May

### Levels

Varsity, JV; If enough Freshmen are on the team, a freshmen level of competition is available. Everyone will play a match at every meet.

### Coach

Mr. Norberg (Varsity).....Math  
Ms. Babich (assistant).....Math

## Girls' Soccer



### Time Commitment

Monday - Saturday, 3:30 - 5:30 Practice

### IHSA Start Date

March 2, 2015

### Procedure for Joining

Attend pre-season meeting and turn in all athletic forms; tryouts will determine team - no cuts made.

### Activity Time Period

March - May

### Levels

Freshmen, Sophomore, and Varsity

### Coaches

Mr. Nunez (head varsity).....World Languages  
Mr. Bender (assistant).....Out of Building  
Ms. Becerra (sophomores).....PE  
Mr. Llorens (freshmen).....Out Of Building

## Softball



### Time Commitment

Practice every day after school; games 3 - 4 times per week, including Saturdays

### IHSA Start Date

March 2, 2015

### Procedure for Joining

Attend informational meeting; talk to coach

### Activity Time Period

March - June

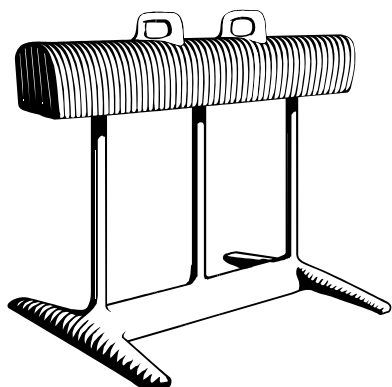
### Levels

Varsity, JV, Sophomore, Freshmen

### Coaches

Mr. Olson (Head coach).....Social Studies  
Mr. Gilliam (assistant).....P.E.  
Mr. Ziebkka (JV coach).....Reading  
Ms. Sokolowski (Freshmen).....SPED

## Boys' Gymnastics



### Time Commitment

Practices daily 3:15 - 5:45, meets approx. once a week

### IHSA Start Date

March 2, 2015

### Procedure for Joining

No cuts, come to the informational meeting/first practice

### Activity Time Period

March - May

### Levels

Varsity, Fresh/Soph

### Coaches

Mr. Galfi (head varsity).....Math  
Mr. Criel.....Out of Building  
Ms. Kisse.....P.E.

## Boys' Tennis



### Time Commitment

Practice every day after school 3:30 - 5:30; matches are usually Tuesday, Thursday, and Saturday; matches usually run until 6:00 - 6:30, Saturdays until 3pm

### IHSA Start Date

March 2, 2015

### Procedure for Joining

Anyone that wants to play can make the tennis team. Regular attendance and participation is required.

### Activity Time Period

March - May

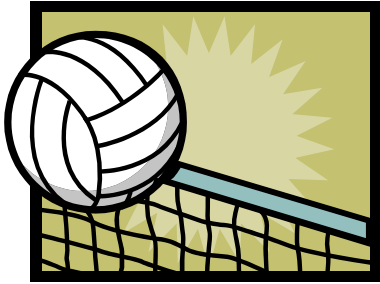
### Levels

Varsity, Fresh/Soph

### Coaches

Mr. Hegner (head coach).....Math  
Mr. Grice.....SPED

# Boys' Volleyball



## Time Commitment

Practice every day from March - June  
Pre-season practice twice a week in February  
Game schedule: 16 matches, 3 Saturday  
Tournaments

## IHSA Start Date

March 9, 2015

## Procedure for Joining

Tryouts to determine level of play, cut ONLY if  
there are too many people

## Activity Time Period

March - May

## Levels

Freshmen A and B, JV, and varsity

## Coaches

Mr. Grant (head coach).....Out of Building  
Mr. Styler (assistant).....Social Studies  
Ms. Prast.....English  
Mr. Bugajasky/Ms. Clark.....Social Studies