

Pictured is Willowbrook alumnus Hank Ebeling IV, who recently opened his own training facility called H4 Training. The grand opening for the facility took place last weekend.

WBHS alumnus celebrates owning his business

VILLA PARK -- Willowbrook alumnus Hank Ebeling IV has always dreamed of owning his own quality training facility.

And his dream came true, when he celebrated the grand opening

of his new business, H4 Training, last weekend. Ebeling, who graduated from Willowbrook in 2003, earned his bachelor's degree in kinesiology from the University of Nevada, Las Vegas. There, his passion for physical fitness and training was solidified after he worked as a trainer at Canyon Ranch SpaClub at the Venetian and Palazzo.

Soon after graduating from college, Ebeling landed a job in Chicago with Equinox fitness club. As a trainer for six years and a fitness manager for one year, there was still something missing.

"I have always (wanted to own) my own training business," Ebeling said. "I wanted to bring quality training to the western suburbs where I grew up.'

Ebeling saw there was a need for quality personalized training in an environment where the trainer truly cares about each person's goals and well-being.

"Many of the big-box gyms care more about memberships than they do about results and therefore often have subpar training programs," Ebeling said. "I want to spend time with my clients, helping them experience fitness done right through working hard, eating right and living a healthy lifestyle."

Ebeling attributes his success to his parents and his athletic experiences as a Willowbrook Warrior.

As an athlete at Willowbrook, I was lucky enough to have some great teammates and mentors who helped me develop goals, leadership skills and a strong work ethic," Ebeling said.

Ebeling added he has some lofty goals for his new venture.

"My primary goal right now is to build my business," he said.
"Once I've done that, I want to expand into other markets, so I can let individuals throughout the Chicago area experience fitness done right. I also would love to offer online training programs that people can use anywhere."
H4 Training is located at 26W293 Geneva Road in Wheaton.

VPRD announces co-ed basketball for teens

- The Parks and Recreation Department is offering a co-ed high school basketball league in cooperation with the Lombard Park District. Players in this league will practice once weekly and play games on Sunday afternoons and evenings. Games are played at Pleasant Lane School in Lombard. Teams will play eight regular season games and at least two additional games in a season-ending tournament.

Game jerseys will be provided. Players who play for their high school basketball team cannot play due to 1.H.S.A. rules and all players must be enrolled in high school if participating in this league. The league dates are January 12-March 23; the fee is \$132. Call 630-834-8970 for more information.



Knights of Columbus presents check to N.E.D.S.R.A.

On Sept. 27, the Knights of Columbus Juan Pablo Council No. 14069 presented a check for \$500 to N.E.D.S.R.A., Special Recreation Association, located on Rowhling Road in Addison. Jeens Greenwalt, executive director and Karen Lesniak director of fund development, received the check from Dave Macnak, deputy Grand Knight, and Chuck Seriano, council treasure. The donation was raised in last year's Tootsie Roll Drive around Addison and at St. Joseph Church.

Coffee with new Dist. 45 superintendent Nov. 16

VILLA PARK — School District 45 Superintendent Tony Palmisano invites the community to an Open House between 9 and 11 a.m. Saturday. Nov. 16, in the cafeteria of Jefferson Middle School, 255 W. Vermont, Villa Park.

Everyone is welcome to enjoy coffee and con-

versation with the new superintendent. Palmisano took the helm in District 45 starting with the 2013-14 school year.

"I am looking forward to meeting with the school and larger community in order to build relationships," said Palmisano.





-SPORTS

NOVEMBER 14, 2013 •

Fenton boys Cross country team competes at state

girls state finals Valois runs in in Peoria

The Fenton boys cross-country team placed 16th at the recent Class 2A state finals in Peoria at Detweiller Park.

The Bison accumulated 408 team points and had a 46-second split between their first and fifth scoring runners.

yorkville won the state title with 119 points. Illiana Christian was second with 134 points and Vernon Hills placed third with 136 points. Illiana Christian is in the same Metro Suburban Conference with Fenton. Senior Danny Wiggin led Fenton. He finished 51st overall with a time of 15:48 and averaged 5:15.7 per mile.

Senior Cristian Silva placed 75th with a time of 15:57 and had a mile average of 5:19.0.

Freshman lose Perez-

Vasquez finished 121st with a time of 16:20. He had a 5:26.5 mile average. Senior Rodrigo Estrada placed 133rd with a time of 16:27. His mile average was 5:28.9.

Junior Axel Nava rounded out the Fenton scoring with a 151st-place finish. He covered the course in 16:34 and had a

5:310 mile average.
Junior Joseph Rivas placed
158th with a time of 16:37
(5:32.3 mile average). Senior
Cosme Bailon was 198th with

a time of 17:19 (5:46.3 mile

This was Fenton's 14th appearance as a team in the state finals. The Bison have qualified for the state finals in average).
This was each of the last three seasons.

Fenton girls cross country
Fenton junior Mireille Valois
placed 152nd in the Class 2A
girls cross-country state finals
in Peoria. Valois finished with
a time of 20:20 and had a mile
average of 6:46.7.

Fention girls swimming
The Fenton girls swimming
team will compete Saturday
at the Downers Grove North
sectional where berths in the
state meet will be on the line.
The state meet is Nov. 22-23 at
New Trier High School.

Fenton girls basketball The Fenton girls bas

The Fenton girls basketball team opens the season next Tuesday in the Fenton-Addison Trail Thanksgiving tournament.

Addison Trail-Willowbrook girls swimming team wins

Conference Gold Continues recent mastery of West Suburban Division

By Mike Miazga Correspondent

The impressive ascent of the Addison Trail-Willowbrook girls swimming

team continues.

AT-Willowbrook recently won the West Suburban Conference Gold Division championship for the second year

in a row.

Hinsdale South took second and Downers Grove South was third AT-Willowbrook won the meet by 17

"We won by a fair amount especially because Hinsdale South had 25 diving points to start the meet and we had zero," said AT-Willowbrook coach Paul Anderson. "We did extremely well in the swimming portion and that made it bigger than it may have looked on paper. The girls swam really well all things considered. We didn't rest or shave for it. We were telling the girls

all week that this was a chance to swim fast when you are tired and we had some season-best's. The kids showed up focused and passionate and were all about taking care of each other. Everything came together."

Willowbrook's Kelly McNamara set the conference record in the 100 butterfly, breaking the old record by more than a second. She also won the race by

10 seconds.

"That shows you how far ahead of the field she was," said Anderson. "She smoked everybody."

McNamara also won the IM and was part of two winning Willowbrook relay

teams.

"Kelly was outstanding," said Anderson. "She broke a record that had stood since 2005."

Freshman Annalise Morrone won the 500 and was part of the winning medley and 400 relay teams. She also won the breaststroke event.

A freshman winning four events is pretty remarkable," said Anderson. "She's tough in the pool."

Anderson was pleased with the different contributions he received through out the lineup.

"It was a lot of fun to see a lot to

of seniors contributing swims," said Anderson. "We had some girls out of

position who scored us points."
Willowbrook's Anna Kwak helped

"Anna stepped in there and scored us some seventh-place points and that it helped seal the win," said Anderson. "It was a great day for us, It was a team us effort. We won nine of the 11 swimming events. From top to bottom, a lot of kids showed up and did well."

Addison Trail's Julia Rowley was another point-scorer for the team. "Julia helped us score points in the search of the state finals will swim in the search of the state finals will be on the line."

AT-Willowbrook will swim in the sectional meet this weekend where berths in the state finals will be on the line.

"We have two weeks to prepare and get ready," said Anderson early last week. "It will be nice to have that time and focus. The majority of girls will be tapered. We've set our 11-girl sectional team. The only ones who will not be tapered will be Kelly and Molly (Kuenster). We'll hold off on them until state.

We'll try and get the big drops for the two of them on the Friday at the state.

conference title

Anderson said a main focus now is not only getting as many swimmers to state as possible, but getting swims in on the final day of the state meet.

"Winning the conference is great, but now we'll turn our attention to the state meet and scoring points on Saturday in the state meet." said Anderson. "The way things are looking for us now, we've changed our strategy a little bit. We're going to try and go for all three relays, which means our studs will swim in one individual event. It's a great situation for us. We want to try and get those three relays to the state meet."

This was AT-Willwobrook's second

conference title in a row.

"It's been a fun stretch for us." said Anderson. "The girls were going crazy and I got thrown in the pool. It was a lot to fun. It's a 12-year-old program. We didn't win many meets my first year in the program. Now. we are winning the conference championship and have our sights set on scoring points on Saturday at the state meet. It's been fun watching how far this program has come and watch how driven these kids are. They want to be successful. It's been great."

IC Catholic Prep Knights making

By Mike Miazga Correspondent appearance since 1993 first finals

The IC Catholic Prep girls volleyball team is on its way to

Normal.

The Knights defeated Chicago Morgan Park Academy to win the Class 2A Lisle superwin the Class 2 Paradictine Uni-

versity and earn a trip to this weekend's Class 2A state finals at Redbird Arena on the campus of Illinois State University 2 in Normal.

IC downed Morgan Park in Academy by scores of 25-14, in 25-13 to advance.

The Knights are in the state finals for the first time since in 1993 and will be making their ninth overall state appearance in the outstanding tenure of 5 coach Jean Field IC won Class in A state titles in 1981 and 1984 in

under Field.
This was IC's fourth supersectional appearance since

sectional appearance since 2007.

IC faces Deer Creek-Mackinaw Friday at Redbird Arena in the Class 2A state semifinals at approximately noon. Deer Creek-Mackinaw is the defending Class 2A state thempion. If IC wins, it advances to the Class 2A state title match Saturday at about 1:55 p.m. If it loses to Deer Creek-Mackinaw, it will play in the third-

girls volleyball team headed to state this weekend

place match Saturday at around 12:25 p.m. at Redbird Arena in Normal.

The other Class 2A state semifinal features Minonk Fieldcrest against Albion Edwards County (about 1:30 p.m. Friday). Edwards County also played in the 2012 Class 2A finals.

IC reached the Lisle supersectional by winning the Class 2A South Beloit sectional.

In the South Beloit semifinals, IC defeated Dakota by

d scores of 25-18. 17-25. 26-24.

Delaney D'Amore led the Knights with 16 kills. 21 digs. one block and two service aces. Hannah Hartnett had three kills and one block. Molly Manion of added six digs. while Roy Manion had 20 kills. 10 digs and one block. Kimmy Martino had 38 assists. two kills. five digs and one block. Kerry Mulsian had six digs.

In the South Beloit final, IC

COMMUNITY CALENDAR

Friday, November 15
Kiwanis spaghetti dinner
plus WBHS play
Kiwanis Club of Villa Park

cnildren ages 6 -12; and kids 5 and younger eat free. Tickets are available at the door of the WBHS cafeteria.

Monday, Noverwill host a dinner and play event on at Willowbrook High School from 5-6:45 p.m. Tickets for the dinner are \$6 for adults; \$5 for teens/students

Monday, November 18
Library hosts Jackle
Kennedy Program
At 7 p.m., in commemoration
of the 50th anniversary of the

Godard, who will become Jackie Kennedy and talk about the events and activities of her life. Call 630-834-1164 to regdeath of President Kennedy, the Villa Park Public Library will host a program by well-known historical interpreter Leslie interpreter

Lhursday, November 21 Multi-chamber

football-themed luncheon Beginning at 11:30 a.m., the Chambers of Commerce of Addison, Villa Park, Glendale Hts and Wood Dale will host a networking luncheon called "Kick-Off Your Business," at the Pyramid Club, 236 W. Lake St. in Addison. \$25/members,

\$30 non-members. Registration: 630-941-9133 or e-mail to: vpchamber@sbcglobal.net; Sunday, November 24
VFW hosts Sunday brunch
From 9 a.m.-2 p.m., the Villa Park VFW Post #2801, 39 E. St. Charles Rd., will hold a Brunch

sage, eggs, pancakes, biscuits and gravy and more. Tickets are \$12.95 for adults; \$5.95 for ages 4-12; children younger than 3 eat free.

November 25-27

VPRD offers fall camp

From 9 a.m.- 4 p.m. each day,
kids are invited to the lowa
Center for fall camp, which
will include fall-related games,
activites, crafts and more. Fee: \$28 per day; extra for before- o after-care. Info: 630-834-8970.

Friday, December 6

VPRD Friday Fun Day

From 11:30-1 p.m., kids ages

4-6 are invited to bring a sack

1-mark to the lowa Center and time playing outdoors. \$14/\$10 addl. sibling. 630-834-8970. lunch to the Iowa Center and make-believe, as well

Ungoing events...
VPRD's Reader's

rize scripts or lyrics you will want to join the Readers' Theater Group. The group meets for rehearsal each Monday from 2:30 to 3:30 p.m. at the Community Recreation Building, 320 E. Wildwood Free; no registration required. Info: Jenny Casale at 630-834-8525.

The Villa Park VFW hosts Bingo every Tuesday from Theater Group...

If you love to socialize and would like the chance to perwould like the chance to per-form without having to memo-

Bingo every 11050ay 11051 5:30-110 p.m. Clubs and organizations are welcome to send entries for welcome to send entries for

his column to: QuestPublish-

WB teacher nominated for Outstanding Educator award

VII.LA PARK — Willowbrook English teacher Brett
Blair has been nominated for
the University of Chicago's
Outstanding Educator Award.
For three decades, the University of Chicago has invited
first-year students to nominate
an educator who has changed
them, challenged them or
helped them along the path
toward intellectual growth.
Tony Mucerino, a 2013 Willowbrook graduate, nominated
Blair for the award.
"Mr. Blair was definitely one
of the best teachers — if not the
best teacher — I've ever had,"
be best teacher of the toward intellectual
control of the best teacher of the best

's ener-to make nake him



BRETT BLAIR

helpful

stand out as an educator.
"He's generous and he
and just an all-around
person," he said.
Blair has been nomin has been nominated Outstanding Educator an all-around great

Award in the past, but he was surprised to be nominated by

even more humbling to receive this award as his English teach-er," Blair said.

He will receive a certificate and a memento in honor of "Mucerino and I have a great relationship, but he's a math/ science-minded student, so it's

being nominated for this award is knowing he made a positive difference in a student's life.

"No matter where our students go after graduating from Willowbrook, it's our responsibility as teachers to make sure they're ready," he said. "We are public servants here to help students learn and find a positive path, and it's amazing to be recognized for that because it's part of the job."



Saturday' held at St. Joseph Sleep Out

On Saturday, Nov. 2, some of the first- and second-year Confirmandi at \$t. Joseph Church in Addison participated in "Sleep Out Saturday" organized by Bridge Community. There were 111 children who slept out on the church property. Eleven of the volunteers were family of participants that slept out as well; they were joined by three additional families. The some of the children raised over \$1,300 to help with transitional for housing for families of DuPage County.

St. Joseph's Church in Villa Park held a yard sale on its west lawn Sept. 21. This event was to benefit the new Mother/Daughter Ministry the church is starting. In just six hours, they were able to raise over \$1,300 to help this ministry. Yard sale raises over \$1,300 to help St. Joseph ministry courtesy photo

coffee shop stops Rep. Conroy to continue

VII.LA PARK — State Rep. Deb Conroy (D-Villa Park), will host a coffee shop stop on from 10:00 a.m. until 11:00 a.m. Thursday, Nov. 14 at the Funky Java, located at 40 S. Villa Ave.

"I'm looking forward to discussing results of the veto session," said Conroy. "The legislative feedback I receive from constituents at these coffee meetings and other events throughout the district is very important to me. My top priority is to be accessible to my constituents and serve them to the best of my ability."

The legislature convened for the second and final week of veto session last week.

"I will continue to fight for solutions that will help working families in the district," said Conroy. "It's essential that we get to Illinois' finances sorted out, so that we can continue to mend our state's economy and get more folks back to work."

For more information or to RSVP to the coffee shop stop, conserved the control of the services office at (630) 415-3520 or RepDebConroy@gmail.com.



Willowbrook students dress in pink and decorate the school with pink in honor of Breast Cancer Awareness Month. Throughout October, students and staff raised \$3,200 to help find a cure for breast cancer by seiling T-shirts, donations to "Dress Down Day," the Girls Volleyball Team bake sale, pink ribbon sales and the sale of "Cure packages."





support recreational programs Equipment will

Outdoor equipment, such as this tent, is part of a more than \$2,500 donation worth of outdoor gear from L.L. Bean that the Forest District of DuPage County has received recently. See story on page 18.



Saturday 9am - 7pm

Friday

Sunday 10am - 5pm

Thursday

res, Collage D. ecor, Children's Items, Music, Shabby Chlc, Wearable Art, Paintings & Prints, Garden Art

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Club members will run as many laps as they can in Addison Trail's field house. Sponsors are sought to help support the effort. Here are ways to help:

Display Advertising: 630.834-8355

Donate a set amount of money for each lap a club member runs (such as 25

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630.834-8244 neral information: 630.834-8244

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>
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THE INDEPENDENT 240 N. West Avenue. aster: Please send address Elmhurst, IL. 60126

Office Hours: Tuesday-Friday 11-3

NOIS PRESS

Addison Trail Lettermen Club to host Run-a-

ADDISON — On Nov. 19, members of the Addison Trail Lettermen Club will participate in a Run-a-Thon to raise money for the Lettermen Club Scholarship Fund and to help Addison Trail families in need, thus "Helping our ..." Place, Lettermen Club Week and awarding a scholarship. For more information about

the Lettermen Club, contact Becky Cibulka at 630-458-4379 or rcibulka@dupage88.

net or Hannah Sutton at 630-458-4352 or hsutton@dupage88.net.

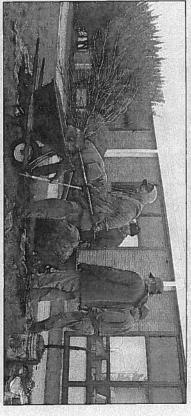


photo provided

Trees replaced at Indian Trall, other schools
Schwarz Nursery planted trees at some District 4 schools last week as part of the Facilities Department efforts to begin replacing trees that have been lost in recent years due to storms, building construction and disease.

Donate your spare change to challenge Principal Adam Cibulka to run in silly attire the week before the run. Change can be dropped off at Addison Trail, attention Lettermen Club. The Lettermen Club is a coed club for varsity athletes. The club is in charge of several events during the school year, including Pack-the-

last week as part of the Facili-ties Department efforts to begin Schwarz Nursery planted trees at some District 4 schools

replacing trees that have been lost in recent years due to storms, building construction and disease. Three red oaks, a Limber pine, a linden and a State Street maple were planted at Indian Trail Junior High. Two Autumn Blaze maples were planted at Army Trail School. Fullerton School is

Local nursery plants trees at District 4 schools receiving a Limber pine, a Sky-line locust and a sugar maple tree. District 4 Facilities Man-ager Abe Singh has developed the plan to restore more trees to school grounds during the years ahead in keeping with the efforts to make the schools more environmentally friendly and efficient.

TROT registration open **Thanksgiving Day Turkey**

sign-up ends Nov. 25 'Early Bird'

ADDISON — Thanksgiving is on its way and registration is now open for Addison's Turkey Trot. Runners and walkers are invited to take part in some "fitness before the feast" at the annual event on Thanksgiving morning, Thursday, November 28 at Community Park, 120 E. Oak Street. This family-friendly event is sponsored by Athletico Physical Therapy.

Unique to this race, participants can select the length of their course and must predict their finishing time. Racers may select to compete in a one-, two-, three-, four-, or five-mile event. Turkeys will be awarded to the participant who comes closest to their predicted time in each one to five-mile division. Additional turkeys will be given to the youngest and oldest runner and to the team with the most participants. Watches, iPods and timing devices of any kind are not permitted in the race.

The schedule on race day begins with Drumstick Dash for kids-ages 12 and younger-

begins at 8:45 a.m. Runners and walkers 13 years and older qualify for the Turkey Trot starting at 9 a.m.

Awards ceremonies will be held in Community Park fol-

held in Community Park following the completion of each verace division. Trainers from catherics will be available to easist with proper stretching cathering.

Kids 12 and younger can compete in the Half-mile Drumstick Dash. Similar to the Turkey Trot, racers must compete their finishing time and the Turkey Trot, racers must compete in the Half-mile Drumstick Dash. Similar to the Turkey Trot, racers must compete their finishing time and the trainers of any kind are NOT and abide by the same rule: timing devices of any kind are NOT allowed. The runner closest to their predicted time will win a mini-turkey (Cornish hen). The second place prediction will be awarded a Thanksgiving pie. Each contestant will receive an event t-shirt, goody bag and participation medal.

An Early-Bird registration discount is available through Monday, November 25th at the rate of \$20 per individual or \$40 for a family of four. Each participant willibe given an event t-shirt and goody bag. Goody bag. Event-day registration; starting at 7:45 a.m., is increased to \$25 per individual or \$45 for a family of four. To register, call 630-233-7275 or

HOSPITAL

Continued from page 1

or relax in a comfortable recliner. Family and friends are welcomed and encouraged in both settings."

In addition, the new Center offers patients and caregivers:

A more centralized model of care to facilitate communication. by treatment. Patients can watch TV, listen to music, read or relax in a comfortable reclin-

gist offices, infusion state-of-the-art tec Medical/radiation oncolotechnology

Access to nurse navigators
 Complimentary therapies

and support services

• Multidisciplinary clinics

• American Cancer Society
wig boutique

• Resource Center

Breast health program.

Elimhurst Memorial's medical and radiation oncologists work closely with each patient's primary care physicians and surgeons to coordinate care and develop individualized treat-

ment plans.

The hospital has been the recipient of the Commission on Cancer Outstanding Achievement Award, which recognizes

cancer programs that strive for excellence in providing quality care. In 2012, EMHC was one of only five hospitals in Illinois and 79 nationwide to receive

The cancer program has also received three-year accreditation in radiation oncology by the American College of Radiology. Einhust Radiation Oncology is one of only 12 facilities in Illinois, and the only one in DuPage County, to have earned this accreditation. EMHC is also fully accredited by the National Accreditation Program for Breast Centers and its quality-focused measures have been endorsed by the National Quality Forum.

The Center for Cancer Care is one of three siges for cancer treatment that are part of the healthcare system created by the merger of EMHC and Edward Hospital. The Edward Cancer Center has locations on the Edward Hospital campus in Naperville and on the Edward Plainfield campus.

For more information, call (630) 758-8640 or visit Amazing Cancer Cancer Center has locations on the Edward Hospital Campus.

GreenMan Theatre's 'Lucky Stiff' continues through Nov.

ing the first mainstage pro-duction of its tenth season: "Lucky Stiff" by Lynn Ahrens book and lyrics) and Stepher is currently present-

opened its four weekend run on Friday November 1 and continues through Nov. 24.

This musical farce is a quick-Flaherty (music). The show

about Harry Witherspace,
a poor shee salesman who
dreams of a better life.
Harry receives a telegram that
his late uncle just left him \$6 don't get to

tuous cabaret singer and danc er-who have various motive eclectic group of char including a diamond of zler, a charismatic yet the way, Harry encounters are eclectic group of characters natic tour guide, a m woman who is a dog But that's not all. Along embez

claim the fortune. Harry must transport his deceased Uncle Anthony-dressed to be alive-to Monte Carlo and accompany Anthony's corpse on a series of activities that most people don't get to experience while

regarding him and the money.

These plotlines and characters collide in "Lucky Stiff."
"Lucky Stiff," which won the

Helen Hayes Award for best Musical, runs at GreenMan Theatre now through ber 24. Friday and greenmantheatre.org. chased at ticketpeak.com/gmtt or reserved at 630-464-2646. More information available at are \$18 for adults and \$16 for shows start at 7:30 Sunday matinees a York in Elmhurst. Methodist Church performances take place sbury Hall at First Unit-Tickets can be pur-Novem-

fair for Dist 88 schools Barnes & Noble hosts book

at Barnes & Noble, 297 Oakbr also will be a student showcas talents of District 88 students. For those who are unable to will be available from Nov. 21 ID No. 11196359 at checkout. ADDISON - VILLA PARK — The holidays are right around the comer, and District 88 is offering an event to help with holiday gift shopping.

On November 21 from 4-9 p.m., District 88 will host a book fair at Barnes & Noble, 297 Oakbrook Center in Oak Brook. There also will be a student showcase of entertainment, featuring the

GreenMan group performs "Lucky Stiff"
Harry and Annabel try to stop Uncle Anthony from being carted off in the GreenMan Theatre
Troupe's upcoming production of "Lucky Stiff." Actors pictured include (left to right): Peter
Lemongelli, Kristin Arrizen, Almee Kennedy and Jaime Sandoval. photo provided nable to attend the event, online shopping Nov. 21 to 26 at BN.com. Enter Bookfair

ds will benefit the media centers at Addi-

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AT THE CORNER OF HAPPY & HEALTHY Walgreens



photo provided ton Racki shares her story of success during the 2013 Tradition of Excellence presentation. Racki graduated from Addison Trail in 1987 and is a TV critic for the Chicago Sun-Times. On Nov. 5, she was honored as Addison Trail's 2013 Tradition of Excellence recipient, which is the highest award presented by Addison Trail to its graduates.

'Tradition of reporter, honored with alumna, now news has received multiple national awards during her 20-year career. She has written for a variety of publications, including "Reader's Digest" and Excellece'

ADDISON — On Nov. 5 and 6, Addison Trail alumna Lori Rackl shared with students and staff what it takes to achieve your goals and how Addison Trail helped her find the path

newspapers U.S.

throughout

Rackl was honored as Addison Trail's 2013 Tradition of Excellence recipient, which is the highest award presented by Addison Trail to its graduates, initiated in 1999, this annual entrepreneurial, or public service; demonstrated an ability to serve as an outstanding role model for current Addison Trail students; and performed services and/or accomplishments applicants must have graduated from Addison Trail more than 10 years ago; distinguished themselves in academic, artismedicine, engineering, science education, art, music and law alumni recognition program has honored 18 recipients in professional fields such as that have brought credit to their To be considered for the award am honored to be the 2013 prof

Tavel

column

Tradition of Excellence recipient for Addison Trail," Rackl said. "I wouldn't be here without my parents, husband and

out my parents, husband and the support of Addison Trail." Rackl graduated from Addi-son Trail in 1987 and attend-ed University of Illinois at Urbana-Champaign, where she graduated magna cum laude in 1991 with a degree in political

science.

But Rackl found her true calling in journalism, and she

paign.

ADDISON COMMUNITY CALENDAR

Multi-chamber football-themed luncheon
Beginning at 11:30 a.m., the Chambers of /
Commerce of Addison, Villa Park, Glendale Hts
and Wood Dale will host a networking luncheon
called "Kick-Off Your Business," at the Pyramid
Club, 236 W. Lake St in Addison. \$25/members, t
330 non-members. Registration: 630-543-4300
or e-mail: addisonchamber@stoglobal.net.

Thursday, November 28
Thanksgiving Day Turkey Trot
Beginning with registration at 7:45 a.m., the
Addison Park District will host the annual Turkey Trot for adults and Half-Mile Drumstick
Dash for kids 12 and younger. Early Bird registration is \$200person, \$40/family of four thru
Nov. 25; after, \$25/person, \$45/family. Info:
630-233-7275 or addisonparks.org.

Ongoing events...

• Upcoming shows at Addison Center For The Arts: Now thru Dec. 14 - Addison Art Guild member show. Info: 630-458-4500 or addison-

• Active Adults, ages 55 or better, are invited to Addison Park District's Active Adults Senior Club on Thesdays from 12 – 2 p.m. for lunch at Community Rec Center, 120 E. Oak Street. To find out more about special events, educational programs, trips and club membership, contact Teresa Grodsky, Active Adults Coordinator at (630) 233-7275.

Clubs and organizations are welcome to send entries for this column to: QuestPublishing@aol.com. Please include a phone number or e-mail address to contact for information.

Addison Chamber's annual holiday party Dec.

ADDISON — The annual cocktail party, sponsored by Addison Chamber of Com- Oxford Bank, will take place merce and industry's holiday from 4:30-7:30 p.m. Wednes-

announces 2014 gallery exhibits Center for the Arts

ADDISON — The Addison Center for the Arts has announced fo its gallery exhibits from January through June of 2014.

The exhibit from Jan. 8 through Feb. 1 is titled, "Keep your prediges Glued Down" collage sisthars. Times and dates for the arreception have not yet been determined.

From Feb. 5-21, there will be a District 4 student show. The reception will be held from 5:30-7 p.m. Wednesday, Feb. 12.

From March 5-29, Carol Zack will present oil pastels. The reception takes place from 7-9 p.m. Friday, March 14.

From April 9-May 3, there will be a Women's Journey into at Fiber—Aprons. The reception will be held from 7-9 p.m. Friday, March 10-10.

April 19. From 1 From May 7-June 7, James Shirley will display his "Natures Wonders" exhibit. The reception will be held from 7-9 p.m. Friday, May 9.

day, Dec.
Shrine Center, 505
Shrine Center, 505
Drive (off Swift Road, north of
Army Trail).

Army Trail).

The event is \$35 pe 11 at the Medinah enter, 505 Shriners

Cost of the event is \$35 per person for ACCI members and their guests; \$40 per person for non-members. There will be beverages, appetizers, door ment and holiday activities,

and more.
For more information and to register, call (630) 543-4300, or email: addisonchamber@

*hoolobal.net. Reservations sbcglobal.net. Reservations also are being taken by mail Send to: Addison Chamber of Addison 60101. W. Army Trail Road, Suite D,



-SPORTS

NOVEMBER 14, 2013 • 17

Fenton boys cross country team competes at state

girls state finals Valois runs in in Peoria

By Mike Miazga Correspondent

The Fenton boys cross-country team placed 16th at the recent Class 2A state finals in Peoria at Detweiller Park.

The Bison accumulated 408 team points and had a 46-second split between their first and fifth scoring runners.

Yorkville won the state title with 119 points. Illiana Christian was second with 134 points and Vernon Hills placed third with 136 points. Illiana Christian is in the same Metro Suburban Conference with Fenton. Senior Danny Wiggin led Fenton. He finished 51st overall with a time of 15:48 and averaged 5:15.7 per mile.

Senior Cristian Silva placed 75th with a time of 15:57 and had a mile average of 5:19.0. Freshman Jose Perez-

Vasquez finished 121st with a time of 16:20. He had a 5:26.5 mile average. Senior Rodrigo Estrada placed 133rd with a time of 16:27. His mile average was 5:28.9.

Junior Axel Nava rounded out the Fenton scoring with a 151st-place finish. He covered the course in 16:34 and had a

5:31.0 mile average.

Junior Joseph Rivas placed
Junior Joseph Rivas placed
158th with a time of 16:37
(5:32.3 mile average). Senior
Cosme Bailon was 198th with

time of 17:19 (5:46.3 mile

a a time of 17:19 (5:46.3 mile average).

This was Fenton's 14th a appearance as a team in the state finals. The Bison have qualified for the state finals in each of the last three seasons.

Fenton girls cross country
Fenton junior Mireille Valois
placed 152nd in the Class 2A
girls cross-country state finals
in Peoria. Valois finished with
a time of 20:20 and had a mile
average of 6:46.7.

The Fenton girls swimming
The Fenton girls swimming
team will compete Saturday
at the Downers Grove North
sectional where berths in the
state meet will be on the line.
The state meet is Nov. 22-23 at New Trier High School

Fenton girls basketball
The Fenton girls basketball
team opens the season next
Tuesday in the Fenton-Addison Trail Thanksgiving tourna-

Addison Trail-Willowbrook girls swimming team wins Continues recent conference title

all week that this was a chance to swim fast when you are tired and we had some season-best's. The kids showed up focused and passionate and were all about taking care of each other. Everything came together."

Willowbrook's Kelly McNamara set the conference record in the 100 butterfly, breaking the old record by more than a second. She also won the race by

Conference Gold

Division

Suburban

mastery of West

10 seconds

"That shows you how far ahead of the field she was," said Anderson. "She smoked everybody."

McNamara also won the IM and was part of two winning Willowbrook relay

team continues.

AT-Willowbrook recently won the West Suburban Conference Gold Divi-

sion championship for the second year

The impressive ascent of the Addison Trail-Willowbrook girls swimming

By Mike Miazga Correspondent

"Kelly was outstanding," said Anderson. "She broke a record that had stood since 2005."

Hinsdale South took second and Downers Grove South was third AT-Willowbrook won the meet by 17

"We won by a fair amount especially because Hinsdale South had 25 diving points to start the meet and we had zero," said AT-Willowbrook coach Paul Anderson. "We did extremely well in Freshman Annalise Morrone won the 500 and was part of the winning medley and 400 relay teams. She also won the breaststroke event.

"A freshman winning four events is pretty remarkable," said Anderson. "She's tough in the pool."

Anderson was pleased with the different contributions he received through-

the swimming portion and that made it bigger than it may have looked on paper. The girls swam really well all things considered. We didn't rest or shave for it. We were telling the girls

out the lineup.
"It was a lot of fun to see a lot

n of seniors contributing swims," said d Anderson. "We had some girls out of d position who scored us points."

Willowbrook's Anna Kwak helped out in the breaststroke.
"Anna seasonal"

"Anna stepped in there and scored et us some seventh-place points and that thelped seal the win," said Anderson. "It was a great day for us. It was a team y effort. We won nine of the 11 swimming events. From top to bottom, a lot of kids showed up and did well."

Addison Trail's Julia Rowley was another point-scorer for the team.

"Julia helped us score points in the relays and she was fifth in the 100 free," said Anderson. "She scored some huge relays and she was fifth in the scertional meet this weekend where berths in the state finals will be on the line.

"We have two weeks to prepare and a get ready," said Anderson early last week. "It will be nice to have that time and focus. The majority of girls will be tapered will be Kelly and Molly (Kuenstein). We'll hold off on them until state.

We two of them on the Friday at the state we was the state of the was the state.

Anderson said a main focus now is not only getting as many swimmers to state as possible, but getting swims in on the final day of the state meet.

"Winning the conference is great, but now we'll turn our attention to the state meet and scoring points on Saturday in the state meet," said Anderson. "The way things are looking for us now, we've changed our strategy a little bit. We're going to try and go for all three relays, which means our study will swim in one individual event. It's a great situation for us. We want to try and got for the state of the said three relays, which means our study will swim in one individual event. It's a great situation for us. We want to try

and get those three relays to the state meet."

This was AT-Willwohrook's second conference title in a row.

"It's been a fun stretch for us," said Anderson. "The girls were going crazy and I got thrown in the pool. It was a lot of fun. It's a 12-year-old program. We didn't win many meets my first year in the program. Now, we are winning the conference championship and have our sights set on scoring points on Saturday at the state meet. It's been fun watching how far this program has come and watch how driven these kids are. They want to be successful. It's been great."

IC Catholic Prep Knights making first finals girls volleyball team headed to state this weekend

versity and earn a trip to this weekend's Class 2A state finals at Redbird Arena on the campus of Illinois State University in Normal.

appearance

since 1993

Academy by scores downed Morgan Park emy by scores of 25-14,

The IC Catholic Prep girls volleyball team is on its way to

Normal.

The Knights defeated Chicago Morgan Park Academy to win the Class 2A Lisle supersectional at Benedictine Uni-25-13 to advance.

The Knights are in the state finals for the first time since 1993 and will be making their ninth overall state appearance in the outstanding tenure of coach Jean Field. IC won Class A state titles in 1981 and 1984

place match Saturday at around 12:25 p.m. at Redbird Arena in

under Field.

This was IC's fourth supersectional appearance since No2007.

IC faces Deer Creek-Mackinaw Friday at Redbird Arena Fi
in the Class 2A state semifinals Eat approximately noon. Deer
Creek-Mackinaw is the defendat ing Class 2A state champion.

If IC wins, it advances to
the Class 2A state title match se
Saturday at about 1:35 p.m. If
Saturday at about 1:55 p.m. If
sit loses to Deer Creek-Mackinaw, it will play in the thirdin. Normal.

The other Class 2A state semifinal features Minonk Fieldcrest against Albion Edwards County (about 1:30 p.m. Friday). Edwards County also played in the 2012 Class 2A finals.

IC reached the Liste supersectional by winning the Class 2A South Beloit sectional.

In the South Beloit semifinals, IC defeated Dakota by

I scores of 25-18, 17-25, 26-24.
Delaney D'Amore led the Knights with 16 kills. 21 digs, one block and two service aces. Hannah Hartmett had three kills and one block. Molly Manion added six digs, while Rory Manion had 20 kills. 10 digs and one block. Kimmy Martino had 38 assists, two kills, five digs and one block. Kerry Mulls ligan had six digs.

In the South Beloit final, IC



are Addison Trail and Willowbro ok INTERACT Club members

all photos provided

C.

hosts first **TERACT Club Summit**

ADDISON — On Nov. 1, 125 students from six area high schools filled the field house and cafeteria at Addison Trail for the first Interact Club Summit.

dents to meet with other Interact Club members to share ideas and talk about ways to help their addison Trail Interact Club Sponsor Esther lgado said the goal of the summit was for stu-its to meet with other Interact Club members

During the summit, students enjoyed team-ilding exercises, group discussions and eeches by Cliff Lyda, Rotary International

District 6450 Governor, and Don Weiss with the Addison Rotary Club.
Addison Trail Interact Club Treasurer Mack Juarez, a senior, said planning for the event began this past April.
"I couldn't be happier," he said about the summit. "The highlight was definitely watching all

he students Ignught was definitely watching all see how they can work together and ach other."

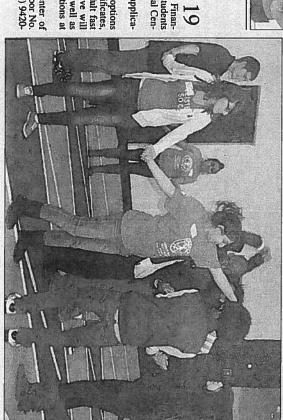
by Esth deLeon. learn from each other."

The Addison Trail Interact Club is sponsored by Esther Delgado, Marco Gasca and Jorge

Sottom): Participants enjoy team-building game.



Addison Trail INTERACT Club Sponsor Jorge deLeon speaks with students to gather feedback about the summit.



financial aid OD's Addison Center

ADDISON — The College of DuPage Admissions and Financial Aid offices will host a free information session for students from 5:30-7 p.m. Tuesday, Nov. 19 at the Addison Regional Cen-

information session Nov.

This session is for new and current students. The \$20 application fee will be waived for the Nov. 19 session only.

The Admissions representative will highlight learning options for students and will provide information on degrees, certificates, and class formats such as 8-week, 12-week, 16-week, adult fast track and online courses. The Financial Aid representative will provide information on financing a college education, as well as an overview of Federal Grants, loans and scholarship options at the College of DuPage.

The Addison Center is located in the Technology Center of DuPage Building, 301 S. Swift Road, northeast corner, door No. 12. For more information, call the Addison Center at (630) 9420-4600.

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1501 West Lake Street, Addison, IL 60101

to host run-a-thon AT Lettermen Club

SUBURBAN LIFE MEDIA

ADDISON - The Addison Trail Lettermen Chib is raising money for its scholarship fund.
The club will participate in a run-ethon to raise money which will go toward the club's scholarship fund and to help Addison Trail families in need.
Club members will run as many lags as givey can in Addison Trail's field house Nov. 19.
Those whishing to contribute can densite a set amount of money for each lap a club member runs, donate a flat amount of

money for a chib member for a certain amount of laps or donate spare change to challenge Principal Adam Choilla to run in silly atthre the week before the run.

Donations can be dropped off at Addison Trail, attention Lettermen Chib. Contact Becky Cibulka at 630-453-4579 or re-ibulka@dupage88 net for more

information.
The Lettermen Club is a a coed club for varsity athletes.
The club leads events during the school year including Packthe-Place, Lettermen Club Week and awarding a scholarship.

Marcus to open new UltraScreen auditorium

SUBURBAN LIFE MEDIA

ADDISON - Marcus Theatres will debutifs UltraScreen DEX femma auditorium today at Marcus Addison Chema.

The UltraScreen DLX auditorium combines a 65-fot wide, three-story-fall UltraScreen with oversized, electic Dream.

LoungerSM recliners and Dolby Atmos immersive sound.

In addition to the UltraScreen DLX auditorium, DreamLounger seats are also being installed in all other auditoriums at this location.

To celebrate the launch of the new UltraScreen DLX, Mar-

cus Theatres is sponsoring a number of giveaways, including a pair of DreamLounger recliners valued at \$4,000 for the grand prize. Another 25 winners will receive packages of four courtesy passes to the movies of their choice.

Entry will run through Jan 8, and guests can enter to win at the theatre or online at www.marcustheatres.com.

The UltraScreen DLX auditorium opens today with "Thor. The Dark World." The Dolby Atmos immersive sound system will be operational Nov. 27.

The Marcus Addison Chema is at 1555 W. Late St. in Addison.



a THIS WEEK'S WEB
POLL QUESTION:
Do you feel like the
economy is improving?

to impact workers with disabilities Dominick's closing

Grocery baggers or customer service representatives, as they are titled in some grocery stores, are invisible workers doing a small convenience for you.

They work diligently for about four hours a day, and some would like to work more. However, their hours are limited by

e with disabilities for

It is a thankless, tedious ob not many people are will-

But for some, this is their mly job and income.
The announced closing of a



Bruce Flowers

The amounced closting of all Illinois Dominick's stores will likely have an impact on a few of them. I know some of these baggers, Ted, Nicole, Bobbie, Amy, and Matt, because I have been their coach for the past couple of years at NEDSRA.

NEDSRA is a special recreation association that provides programs for youths and adults with disabilities. NEDSRA organizes the regular season games of sports like baskethal, volleyball and floor hockey. Special Olympics (SO) organizes were and state tournaments where participants can win

Ted has won over 23 medals for his power-lifting events. obbie, Amy, Matt, and Nicole just won gold medals for wining the SO area tourney in volleyball. When they win a medal ey can't stop talking about it and usually will carry it with

am wherever they go.

The sports programs are not free. Participants must pay to
The sports programs are not free. Participants must pay to
ay. If there is a financial need, it is addressed on a case-byhavis and scholarships are available. se basis and scholarships are available. The bagger income they earn pays for these sports pro-

nick's closings are limited in scope or that the new owner will keep all current employees.

So next time you're in the checkout line, ask your customer service rep. If he or she plays any sports. If they do, ask to see their Special Olympics medal. With the loss of their bagging duties, many of them will not be able to afford the activities they love. Let's hope the Domi-nick's closings are limited in scope or that the new owner will

their face lights up as they tell you about how

Bruce Flowers is the marketing coordinator for NEDSRA.



VOICE

Seak king: misor@dammeda.com kiddison, where he works as part of District 88's transition program. The Perks and Possibilities Café at the Addison Public Library teaches students with cognitive disabilities real-life skills that and Addison Trail high schools, students ages 19 to 21 set up the 88 Transition Program, which serves students from Willowbrook help them transition into the work force. As part of the District sion. Keep up the good work. cafe, serve customers and clean the entire facility with supervi-



ments Nov. 2 while sleeping in tents and cardboard boxes as part of Eighth-graders at St. Philip the Apostle in Addison braved the ele-Sleep Out Saturday to raise awareness and funds for the homeless. like and learned what resources are available in their community. During the project, students were exposed to what life in poverty is

Write to us

We want to hear from you. Letters must be no more than 300 words. They must include your first and last name, town and a phone number for verification. We may edit them for clarity, accuracy and style, Email letters to letters@mysuburbantife.com. The deadline is 4 p.m. Thursday for the following week's paper.

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the free exercise thereof, or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

Suburban Life ATHLETE OF THE WEEK



LEON THORNTON

Montini | Junior | Football

Why Thornton was selected:

Thornton caught nine passes for 130 yards and three touchdowns in the Broncos' 40-7 win at Marian Central in the second round of the Class 5A playoffs.

to help Monthil advance to the Class SA quarterfinals with a 40.7 win. In the quarterfinal, Thornton and the Broncos will another familiar team in Jollet Catholic. This will be the fourth play-off meeting in the past five years between the Broncos and Hillioppers. Thornton, the Oak Trust Credit Union Athlete of the Week, spoke with sports reporter Dan Santaromita about his big Montini junior wide re-ceiver Leon Thornton had a huge day for the Broncos against rival Marian Central on Saturday. He led the team

been t

I was just getting open. No special play calls. I just did

What does it mean to beat

Did you expect to win by Marian again?
It's just a big win. We've been thinking about it all bast weather wanted to make it a bigger difference

that much?
We came into the game thinking it was going to be close and down to the wire, but we dominated.
What was working for you against Marian?

What do you think of the Monthil-Joigt Catholic rivalry? Monthil-JOA is probably bigger than Montini-Marian because JOA is highly ranked and touted and there's a lot of history there.

*** COLLEGE NOTES**

D'Ambrose moves up YSU record books

SUBURBAN LIFE MEDIA

As the high school fall sports season starts to wind down, both District 88 schools had no athletic competition this past week. The Addison Traff-Willowbrook co-op girls swimming team, fresh off winning the West Suburban Gold meet two weeks ago, will head to the Downers Grove North sectional on Saturday expecting to qualify multiple entries to the state meet next weekend. Until then, take a look at how some District 88 graduates are doing in college sports this fall

D'Ambrose crosses
milestone
Earlier this month
Youngstown State setter Casey D'Ambrose (Addison
Trail) tailled the 2,500th assist
of her college career. D'Ambrose, one of seven seniors
on the team, is fifth on the all-

time assist list at the school and has 872 so far this season, at shy of her career high set in 2011. She is currently third in 2011. She is currently third in the Horizon League in assists. The 16-12 Penguins are heading into the final weekend of the regular season before entering the Horizon League Tournament, which begins on Nov. 22. YSU already has a school record for Horizon League wins (seven) and with one more victory this season can surpass last year's win total and set the most for the school since 1988.

Benedictine senior midBenedictine senior midfisher Julio Lopez (Addison
Trail) and freshman defender
Erio Lukifsh (Willowbrook)
have both been regular starters for the Eagles' soccer team.
Lopez has made 15 appearances with 13 starts, and has tallied two goals and five assists.
Lukifsh is one of just two play-

name. ers on the roster to start all 19 matches and has a goal to his

Marauting Maroon

University of Chicago sophomore defensive back Vincent Behrano (Addison/Trail) leads the Maroon defense with four interceptions, three fumble recoveries and two forced fumbles. The Maroons are 63 overall and 40 in the University Athletic Association heading into the regular season finale against Washington University on Saturday.

Augustana senior Isaac Trostle (Willowbrook) is one of two capitals on the men's cross country team. Trostle has run in five races, including a fifth place finish at the 10-team Warthury Invitational on Oct. 12. Fellow Willowbrook grad Tim Hyde has run in four races for the Vikings.

→ PREP ROUNDUP East's Jack Peters makes

SUBURBAN LIFE MEDIA

Glenhard East's Jack Peters placed 159th at the Class 3A boys cross country state race on Saturday at Peoria's Detweller Park. Peters, a senior, made his state debut and finished with a time of 16 minutes flat.

state debut

GIRLS CROSS COUNTRY Montini

The Broncos were 11th at the Class 2A state race. Brittary Fisher led the way with a 14th place finish. The senior ran a time of 17:48.

Fisher was followed by

teammates Maggie Hallerud (28th, 18-33), Glanna Saizbrunn (41st, 18-39), Emma Makowski (138th, 20-07), Blanca Mon-tesings (173rd, 20-44), Lauren Denemark (177th, 20-51) and Madeline Jamrozek (182nd,

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Meet the 2013 Suburban Life all-area volleyball squad



Joyce Balash
Schoot: Montini
Year: Serior
Impact: As one of the Broncos' captains
and leaders, Balash helped the Broncos
with 30 matches. The middle hitter, who is
committed to Lewis University, led Montini
with 41 aces and 71 blocks and was also
third on the team with 167 kills.



Schoot: IC Catholic

Impact: D'Amore has the rare distinction of leading her team in both kills and digs. Her all-around game is a big reason why the Knights are headed to state in Class 2A. She entered the weekend with 419 kills, 509 digs and also led IC with 58 aces.



leghan Hanewall Schook Glenbard East

Impact: The all-area MVP was a nominant hitter and a quality all-around nominant hitter and a quality all-around ayer for the Rams. Hanewall, a four-year saity palyer, was on the court for the full ration and tailled 320 kills as an outside titer. She also had 35 aces, 136 digs and titer.





Rachel Iverson
School: York
Year: Senior
Impact: The Duloe' three-year varsity
setter closed out her career by helping York
win 22 matches this season, Iverson, the
daughter of head coach Patty Verson, ran
the offense for York and gave the Dulces a
consistent setter as part of a veteran team.



Bridget Lucas
Schoot Monthi
Year: Senior
Impact: It may have been easy to be
distracted by some of Monthin's big hitters
this fall, but Lucas' defensive work kept the
Broncos in matches against elite competition. Lucas had 409 digs and 22 aces from
her libero position.

Year: Amior Impacts Louis has major leaping and hitting ability and showed it off requently this fall. The jurior outside hitter led the Broncos with 248 kills and also contributed 38 blocks. Loftus, who plays for 1st Alliance Volleyball Club, is committed to St. Louis Volleyball Club, is committed to St.

Jenna Lodewyk
Schook: Timothy Christian
Year: Senior
Year: Senior
Impact: Lodewyk missed the postseason
after getting hurt in the regular season
finitiale, but that doesn't diminish the season
she and the Toylans had. The Calvin College
commit had 605 assists, a team-high 65
aces and even was third on the team with



Rory Mamion School: IC Catholic

Year: Serier
Impact: The big-hitting Manion had 375
Impact: The big-hitting Manion had 375
Idlis as an outside hitter entering the state
tournament this weekend. She also had
44 aces and contributed 257 digs to the
defensive effort for the Krights.



Amy Mesek
School: York
Year: Serior
Impact: York coach Patty Iverson
described Nosek as the team's biggest
htter: Nosek, who plays her club ball for 1st
Alliance, ended her career as a three-year
-layer for the Dukes. Kacle Stoll
School: Ilmothy Christian
Yearr, Junior
Impact: Stoll led the Trojans with 346
lilis and was second in both blocks (24)
and digs (148). The junior middle blocker
will be a big part of a l'innothy team that
loses just four seniors after winning 28

Vearr Serior
Impact Martino has big weapons to set
to, but no matter who is spiking the ball,
828 assists in 40 matches is impressive.
The Knights' setter also had 115 kills, 32
blocks and 133 digs to contribute to IC's

Honorable mention Addison Trail: Nina Capuani, Juliana

IC Catholic: Kerry Mulligan

Glenbard East: Sam Bell

Montini: Natalie Lopez

Timothy Christian: Hanna Markewycz

Railing Joanna Conley, Mia

York: Molly Schlecht, Claudia Zerdin

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celebrating 1960-2013



Vol. 54 No. 46

Wednesday, November 13, 2013

Price 60¢

Willowbrook presents its fall musical--"Into the Woods"



A colorful cast of "Into the Woods"...

THE ABOVE PHOTO shows cast members ater department will present the musical on

g the performance "I love the wicked rization. Each character is complex and

the musical's themes of

"A lot of people know the story, so we're using on making the characters our own,"

Kiwanis Club hosts spaghetti

dinner before Friday's play

The Kiwanis Club of Villa r a spaghetti dinner prior to V High-School's firiday, Nov. 15, of its fall play—"Into the Woods." Inc dinner will take place from 5-6:45 p.m. in the cafeteria. The play begins at 7 p.m. in the is Club of Villa Park will host

for the dinner is \$6 for adults, gers and seniors over 60 and \$3

play will be on sale in the auditorium, Willowbrook! and 16. All three

ers of Wilowbrook High School's upcoming presentation of "Into the Woods." The school's on Thursday, Friday and Saturday in the school auditorium. Photos by Chris Fox



Fall musical at Willowbrook...

ALEX LAPINSKI (left) and MARIANA MARTENS (right) portray a baker and his wife in Willowbrook High School's presentation of "Into the Woods." The performances of the fall musical are on Thureday, Friday and Saturday. Each show begins at 7 p.m.

ziabis recognized as 88's Best at ATHS



AT names October recipient of 88's Best recognition

lctured is Addison Trail senior Katherine Dziabis, who has een named as Addison Trail's October recipient of 88's Best scognition, along with Principal Adam Cibulka.

ADDISON — Katherine Dziabis has been named as Addison Trail's October recipient of 88's Best recognition. A senior, Dziabis was recognized at the Oct. 21st District 88 Board of

receiving several Blazer Pride acknowledgement cookies for demonstrating what it means to be a Blazer.
"As a student, Dziabis always recognition, being named as an AP Scholar with Honors and receiving several Blazer Pride have earned her many academic honors, including making the Distinct Honor Roll every semester of her high school Education meeting.
Dziabis has a résumé full of honors and Advanced Placement (AP) courses, a litany of extracurricular activities and career, being named to National Honor Society the at the time of graduation. Her accomplishments service.

classmates. At Addison Trail, we talk about and responsibility." standards for academics, trustworthiness Blazer Pride, and Dziabis epitomizes our distance - not just for herself, but to help her ••She can be counted on to go the

Laura Jurik, Addison Trail teacher

and to

enters a room with energy and enthusiasm for learning, which sets a positive tone for the class," said Addison Trail teacher Laura Jurik. "She can be counted on to go the dis-tance – not just for herself, Blazer Pride, and Dziabis epit-omizes our standards for acato help her classm tison Trail, we tal trustworthiness and we talk about She is a very cooperative student – one who accepts challenges and often excels."

Guidance Counselor Shane self-driven individual that her leadership skills in the class-room were often put to the test, and she was always successful. "I've had the pleasure teach Dziabis in 3 Honors class a her as a varsity soccer athlete, he said. "Dziabis is such

responsibility."
ATHS teacher Sergio Nunez

completing academic tasks, stays in the gym late working on skills and volunteers at Elmhurst Hospital." "Since entering Addison trail, Dziabis has gone to any and all lengths to reach her goals in the classroom, outside Cole said he has always been impressed by her abilities and desire to be successful. Cole said. "She stays up late he classroom and in athletics,

Trail activities and extracurricular programs. She is a four-year member of Addison Trail's Student Council and basketball involved in several Trail activities and Along with her ac ic excellence, she has Along academ Addison

team, a three-year member of the Pay It Forward commit-tee and volleyball and soccer teams and has been a member of the Lettermen Club, Math Team and Psych Club.

Dziabis' tremendous work ethic and commitment to help-ing others do not stop at the doors of Addison Trail. She has been a part of many programs and volunteer events, including Homecoming decoration, Staff Appreciation Day, the District 88 Foundation 3-on-3 Basket-ball Tournament, the Hurricane Sandy Relief Dance and Volley for the Cure. She also volunteers at Holy Ghost, Elmhurst Hossital and ACSUP

Hospital and AGSP.
Dziabis hopes to attend University of Michigan, University of Illinois at Urbana-Cham-

photo provided



"Duck Dynasty" comes to Indian Trail...

Exploratory Teachers at indian Trail offer quarter-long classes that students rotate through, which includes life skills, computer, writing workshop, math exploration, art, music and more. Last week, the teachers performed for students during lunch periods—a tradition which students and staff look forward to each year. This year their theme was Duck Dynasty.

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Fenton boys cross country team headed to state

Willowbrook, Fenton football teams lose in By Mike Miazga Correspondent playoffs

The Fenton boys cross-country team is headed to state.

The Bison qualified for this weekend's Class 2A state finals by placing second as a team at the Class 2A Chicago University High sectional Fenton was second with 79 points. Chicago Jones won the sectional title with 22 points.

Fenton's Danny Wiggin finished seventh with a time of 150.73 Teams 100.000.

16:23. Jose Perez-Vasquez was 12th with a time of 16:34. Cristian Silva finished 13th with a time of 16:38. Joseph Rivas placed 23rd with a time of 16:52, while Axel Nava rounded out the Fention scoring with a 24th-place time of 16:53. Cosme Bailon placed 29th

for the Bison with a time of 17:07, while Rodrigo Estrada was 48th with a time of 17:45. Fenton will run Saturday in the Class 2A state meet in Peoria at Detweiler Park. Fenton Girls cross-country The Fenton girls cross-country team placed seventh at the Class 2A Chicago University High sectional with 155 points and did not qualify for the state meet. The Top 5 teams at the sectional level advance to the

state meet.
However, Fenton junior
Mireille Valois did qualify for
the state meet as an individual.
She took 18th overall with a
time of 20:25 and earned one
of the seven state-qualifying
positions reserved for runners
whose teams did not qualify for the state meet.
Fenton football

The Fenton football team saw its season come to a close after a 39-0 loss to Marmion Academy in Aurora in opening-round action of the Class

6A state playoffs.
Fenton was No. 12 seed in the top-half of the Class 6A bracket. Marmion is the No. 5 seed and travels to Crystal Lake Prairie Ridge (No. 13 seed) in the second round.
Fenton finished the season

state playoffs.

The Warriors finished the season 7-3 and qualified for the playoffs for thes econd year in Willowbrook football
The Willowbrook football
team suffered a 34-6 loss to
Chicago St. Rita in openinground action of the Class 7A

9-I. Willowbrook was the No. St. Rita, the No. 3 seed in one lass 7A quadrant, moved to

The Willowbrook girls volleyball team dropped a 25-23, 25-15 decision to Fenton in quarterfinal action of the Class 4A South Elgin regional. The Warriors finished their season Willowbrook girls volleyball The Willowbrook girls vol-

with a 12-24 mark.
Cheyenne Brunig had 16
digs. Danielle McNamara
added five kills and one block.
Micala Giammarino had five
assists and two digs. Kelsey
Linnig had six assists. Maggie
McNamara had three kills, one
block and one assist. Michelle block and one assist. Michelle Herz added two kills. Joanna Conley had 17 digs. Mia Railing had four kills and two digs. KJ Rangler had three kills and three digs, while Jamie Chiappetta had five kills and five digs.

After defeating Willowbrook by a count of 25-23, 25-15 in the quarterfinals of the Class 4A South Elgin regional, Fenton lost a 25-11, 25-14 decision to St. Charles North in the regional semifinals.

Addison Trail girls volleyball The Addison Trail girls volleyball team opened play in its own Class 4A Addison Trail regional with a 25-21, 25-16 victory over Bartlett in the

dropped a 25-19, 25-16 contest to Geneva in the regional quarterfinals. The Blazers then

Addison Trail boys soccer
The Addison Trail boys soccer team scored a 2-I victory
in penalty kicks over Leyden
in semifinal action of the Class. championship match where they lost 2-1 to host Elk Grove. 3A Elk Grove regional. That sent the Blazers to the regional

Willowbrook boys soccer
The Willowbrook boys soccer team lost a 5-2 game to
Bartlett in quarterfinal action of he Class 3A Conant regional.

Fenton boys soccer
The Fenton boys soccer team
dropped a 3-1 contest to Wheaton Academy in the champiton Academy in the championship game of the Class 2A Glenbard South regional. The Bison reached the title game regional semifinals. after scoring a 6-1 victory over host Glenbard South in the title game

Well-rounded threat

straight year

By Mike Miazga
Correspondent
IC Catholic Prep and Aurora
Christian have met on the grid
iron four times in the last two

Unfortunately for IC, the bookend match-ups have gone the way of Aurora Christian. The Eagles scored a 24-3 victory over IC Catholic Prep this past Saturday in opening-round action of the Class 3A state playoffs at Lewis Stadium at

By Mike Miszga
Correspondent

Iic Prep girls volleyball player
Correspondent

For someone who shows up with regularity on the offensive side of the stat sheet, IC Catholic Prep from the defensive side as well.

For someone who shows up with regularity on the offensive side of the stat sheet, IC Catholic Prep front the defensive side as well.

Catholic Prep football

Catholic Prep in the section on the defensive part of the Class 2A state out at 1st standards and we have a good time play offis this week.

Catholic Prep football

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Catholic Prep football

Aurora-based Sports Perforsomence who shows up to other to them. We all standards and we have a good time play offis this week.

Catholic Prep football

Aurora Christian now holds

Season 6-4, overall.

Aurora Christian now holds

Season 6-4 overall.

Aurora Christian now h

mental aspect.

"Another asset for me is the knowledge of the game I have gained," she said. "I use that experience to play smart on the court and help my teammates

season 6-4 overall.

Aurora Christian now holds
a 3-1 edge over IC during the
last two seasons. The Eagles
lost to IC on Oct. 12 in Elmhurst (48-6) earlier this season,
but also eliminated the Knights
from the playoffs in 2012 (2821 Aurora Christian win in the
second round). Aurora Christian won the state title last year.
Aurora Christian (7,3)
advances to the second round
where it will face No. 10 seed
Oregon (6-4) at home.
This was IC's fourth playoff
appearance in a row and second in a row under coach Bill
Krefft. Krefft.

IC was the No. 7 seed on the top portion of the Class 3A bracket. anyway I can.*

D'Amore, an outside hitter at IC, has been playing the sport since the fourth grade.

"I was trying a bunch of different sports and it just stuck," she said. "I couldn't tell you exactly what I liked about it. When I'm on the court I forget about everything else. I love what I do."

D'Amore also has been playing club volleyball since fourth grade. She started out at ist Alliance and switched over to Aurora-based Sports Performance her freshman year. "Club keeps me busy and it has helped me improve a lot," she said.

D'Amore said this year's IC Catholic Prep team thrives because of the personalities on the roster. "We all click and get along great," she said. "We have great team chemistry and it's a fun atmosphere. We all are extremely competitive and have a great will to win and the best part is we get to do all this together."

D'Amore has been on the IC varsity since her freshman year. "I'm humbled by the fact I have been on the varsity team for four years," said D'Amore, and the part is one to the part is the fact of the property of the part is the part of the part is one to the part is the part is the part of the part is the part is the part of the part is the part is

who would like to play in col-

lege.
D'Amore also loves playing for veteran IC coach Jean Field.
"It's been great," she said.
"She has so many years of coaching experience and offers us great wisdom. She is a great asset for this team. She has set

high standards with this program. We definitely have high standards and we hold each other to them. We all want to have a good time playing volleyball and at the same time, we want to win and we want to get better. We're able to do that because we hold each other accountable."

accountable."

D'Amore's mother, Nancy, is the varsity assistant coach on Field's staff. Nancy (Kerrigan) D'Amore played for Field at IC. "It's great to be able to carry on what she did," said D'Amore, whose mother is in the IC Catholic Prep Athletic Hall of Fame. "It was a little weird at first having your mom as a coach. But we do a great job of keeping the volleyball talk in the gym and keeping it there and having a normal life outside of the gym."

D'Amore, who sports a 4.2 grade-point average at IC, said this year's squad had some lofty goals heading into the 2013

campaign.
"We had really high expectations of ourselves," she said.
"We haven't let each other done.
We've fulfilled everything this season."

Addison Trail hosts Goalball tournament for students with visual impairments



Visually-impaired athletes try Goalball

Pictured is Aziz Zeidieh, a sophomore at Addison Trail in the SASED vision program, par-ticipating in a Goalball tournament. The event, which took place on Oct. 29 at Addison Trail, allowed students with a visual impairment the opportunity to play a sport in which their vision was not a factor in their ability to perform.

Addison Trail hosts **PBIS** seminar

ADDISON — On Oct. 25, nearly 50 representatives from local school districts came to Addison Trail to learn about the school's PBIS program. PBIS emphasizes school-wide systems of support that include proactive strategies for defining, teaching and supporting appropriate student behaviors to create a positive school environment

Addison Trail world

guages teacher Erica Craig and math teacher Eric Norberg, who help coordinate the school's PBIS program, spoke about how the program has grown to have 90-percent staff involvement. They also talked about the Addison Trail Blazer staff members v Pride Cookies Program, where 150 to 200 cookies are deliv-

PBIS seminar draws de rib

50 from area districts

Addison Trail world languages teacher Erica Craig discusses Addison Trail's Positive Behavioral Interventions and Supports (PBIS) program with nearly 50 representatives from local school districts.

photo provided

As a district, we are proud to have Addison Trail and Willowbrook be leaders in the PBIS arena.

WHEATON — DuPage
County will host a ceremony
in observance of Veteran's Day
at 2 p.m. on Sunday, Nov. 10,
at the DuPage County Convalescent Center, 400 N. County
Farm Road, Wheaton.
Dirk Enger, director of Vet-

Memorial, and a

Impairments participated in the lith Goalball tournament.

The tournament too-1

at Addison

ing a ball across a court in hopes of scoring a goal against another team. Accommodations are made to allow the students to play. Teams that participated in this year's tournament were Illinois School for the Visually Impaired (ISVI). Wisconsin School for the Blind and Visu-The tournament took place at Addison Trail and allowed those students the opportunity to play a sport where their visual impairment did not play a factor in their performance ability. Goalball involves rolling the place of the comparison of the c

East Association for Special Parks And Recreation (SEA-SPAR) and Addison Trail's SASED vision program stually impaired (WSBVI), South
Association for Special
Association (SEA-

in the sport against the other athletes," said Aziz Zeidieh, a sophomore at Addison Trail in the SASED vision program.

Wendy Brusich, SASED program teacher, said she loves the opportunity for her students to participate in Goalball.

"As a coach, it is wonderful to see the students improve in their skills throughout the season," she said. "It helps build their self-esteem." like to be able to compete he sport against the other

to assure academic success Addison Trail offers tutoring

ADDISON — District 88 strives to ensure students are academically successful, and the district implements systems of support to accomplish that goal.

81 Addison Trail is offering a tutoring program to help students are recommended for the program through a teacher referral, and tutors are available in math, science, English and social studies. Parents can request their student's teacher completes a referral, if they feel tutoring is necessary.

Tutors work with classroom teachers to help students reach their academic goals, and students participate in the program until they receive passing grades in their classes. The tutoring program is just one example of how Addison Trail and Willowbrook work he improvement of student achievement.

County hosts Veteran's Day Ceremony Nov. 10

former DuPage County Board member (District 6), will be the featured speaker for the ceremony. Enger served in the United States Marine Corps.

The ceremony will feature a weapons salute from Marine Corps League Detachment 399 and a musical performance of

d "Taps" played by Grace Adduci
e of Bugles Across America.
e Additionally, the DuPage
e County JTK Administration
Building will be closed in
a observance of Veteran's Day
on Monday, Nov. 11. County
departments and services will
f reopen on Tuesday, Nov. 12.



Awards for showing Blazer Pride

(Center) Addison Trall Principal Adam;Cibulka delivers a cookle to Addison Trall sophomore Jessica Mell. Cookles are delivered;Weekly as part of the Addison Trall Blazer Pride Cook-les Program (part of PBIS) to students and staff members who display Blazer Pride. (Right): Addison Trall Principal Adam Cibulka delivers a cookle to English teacher Robert Budler for displaying Blazer Pride.