**Alcohol, Tobacco and Consequences of Drugs (both legal and illegal)**

**Unit 4: Chapters 19-22**

**TOBACCO:**

What is **carbon monoxide**?

Carbon Monoxide is a carcinogen. What is a **carcinogen**?

What are the 3 main chemicals in tobacco?

**1.)**

**2.)**

**3.)**

Which one of these ingredients is the **addictive chemical** in tobacco?

Tobacco is a STIMULANT or a DEPRESSANT? Circle.

Years of smoking can cause many serious and fatal illnesses. What are 3 fatal illnesses that smoking can cause: (Please list and define)

**1.)**

**2.)**

**3.)**

**DRUGS AND ALCOHOL:**

What is **intoxication**?

What is **binge drinking**?

How can/is binge drinking dangerous? Explain.

Toler

**DEFINE:**

**Tolerance-**

**Alcohol Poisoning-**

**Black Out:**

**Addiction:**

How are each of these connected? Write a summary sentence of how each are connected.

**Alcohol Poisoning**

**Tolerance**

**Addiction**

**Black Out**

**Tolerance** and **Alcohol Poisoning** are related how?

**Alcohol Poisoning** and **Black Out** are related how?

**Black Out** and **Addiction** are related how?

**Addiction** and **Tolerance** are related how?

**Stages of Alcoholism**?

|  |  |
| --- | --- |
| Stage 1 |  |
| Stage 2 |  |
| Stage 3 |  |

What is an **alcoholic**? **Alcoholism**?

What is the difference between **passing out** and **blacking out**?

What does **BAC** stand for? Define. What is the **legal BAC** for a person over the age of 21? For persons under the age of 21?

What does **ZERO Tolerance** mean?

What is the difference between **Abuse and Misuse**?

What is an **overdose**?

This occurs when an individual stops using a medicine or a drug in which he or she has become physically dependent or addicted. What is it called:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Symptoms** of this are: nervousness, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ insomnia, severe headaches, chills, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and cramps.

What is **FAS?** Explain.

What is **Rehabilitation**?

What is **ethanol**?

What is **fermentation**?

What is **intoxication**?

What are **refusal skills**?

What does it mean to **“enable”** someone? Write a scenario about someone who enables another individual.

**DRUGS:**  Define the following:

**-Designer drugs:**

**-Club drugs:**

**-Euphoria:**

**-Paranoia:**

Explain the differences and similarities between the **two types of dependence**?

Psychological Dependence

Physiological Dependence